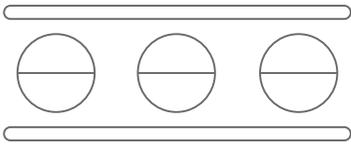


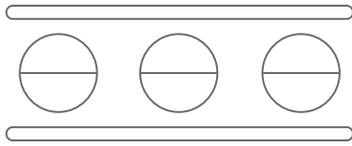
Research the key thinkers associated to one of the Pills.



Ingredients

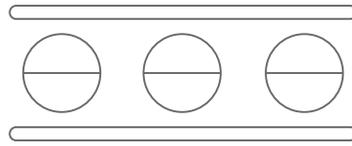
Choose a reading from the reference material for one of the Pill – see Pills tab.

*Pills tab>Cluster>Pill>Reference*



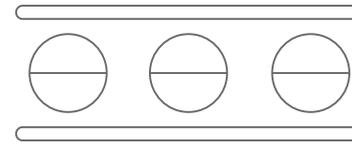
Ingredients

Find design examples specific to your practice/discipline that are connected to one of the Pills. Curate a collection of examples. Build a wall map.



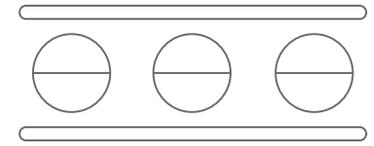
Ingredients

Decide your own Prompt card...what do you think you need?



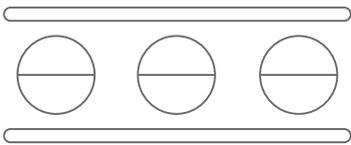
Ingredients

Research the etymology of one of the Pills.



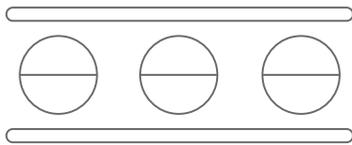
Ingredients

Find visual culture examples beyond your practice/discipline that are connected to one of the Pills - advertising, film, fashion, fine arts, pop culture, entertainment industry, gaming, online platforms etc. Build a wall map.



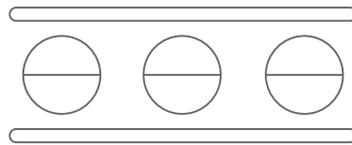
Ingredients

Decide your own Prompt card...what do you think you need?



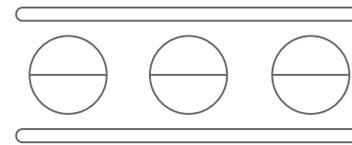
Ingredients

Research the key designers associated to one of the Pills.



Ingredients

Find evidence of one of the Pills in the real world. What does it look like and where is it? List real locations where you can observe situations, events, behaviors, practices, phenomena, rituals, objects that express it. Take photographs. Build a wall map.



Ingredients

## Being

Ontological Perspective

It concerns the existence (or not existence) of something. What questions do you ask to figure this out? What stuff is the reality [of these Pills/of your project] made of? What are futures?



Perspectives

## Knowledge

Epistemological Perspective

*It concerns ways of knowing. Reflect on what you know and how do you know it. What counts as knowledge when it comes to these Pills? How do you acquire it? What are its limits? What do we know about futures?*



Perspectives

## Methods

Methodological Perspective

*It concerns the means, procedures and practices you use to interrogate this Pill/your project. What are the methods appropriate to the questions you ask? Can different methods be combined? What happens if you use a different method? How do we know about futures?*



Perspectives

## Values

Axiological Perspective

*What are the key values? What kind of ethical considerations emerge? What about aesthetical choices? Reflect on how Values, Ethics and Aesthetics inform your thinking and may result in cultural bias impacting on what is considered 'preferable' or 'better' future.*



Perspectives

## The Nihilist

*Cynical, iconoclastic, pessimistic. There is no future....*



Affective Modes

## The Optimist

*Hopeful, confident and excited. The future feels like anything is possible...*



Affective Modes

## Politics

Political Perspective

*It concerns collective governance, power and the cohabitation human - nonhuman. How is power distributed? Where are the structural imbalances? What are the implicit/explicit politics of these Pills? Do futures have politics?*



Perspectives

## Techne

Technological Perspective

*It concerns the ways technologies in their historically situated manifestations (from the hand axe to AI) shape the socio-material environment by a process of cohabitation and coevolution with the human.*



Perspectives

## The Anxious

*Worried, apprehensive and fearful. The future feels like it is closing in...*



Affective Modes

## The Resilient

*Adaptable, enduring, able to bounce back. The future feels like it is a challenge to overcome...*



Affective Modes

## The Survivalist

*Preparing and waiting for the apocalypse. The future feels like it is doomed...*



Affective Modes

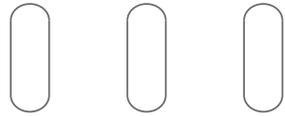
# The Zen Master

*Imperturbable, at peace  
with whatever may happen.  
The future feels like it is  
que sera sera...*



Affective Modes

*The remedy is turning  
into poison.  
Find out how...*



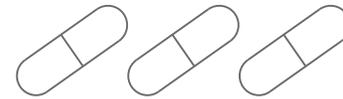
Overdose

*Make something tangible.  
You have one hour...*



Make Something

*Consider 3 movies of  
your choice related to  
your Pills.*



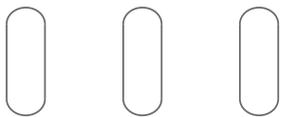
Considerations

*Access two previous  
examples of students work...*



Adaptogen

*You are taking it too far.  
Step back...*



Overdose

*Make something tangible.  
Work with only one material  
of your choice...*



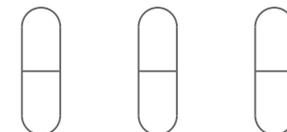
Make Something

*Consider 3 Science  
Fiction classics related  
to your Pills.*



Considerations

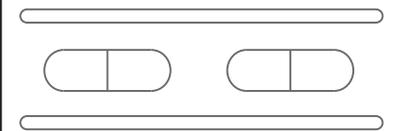
*Access one previous example  
of students work...*



Adaptogen

# Declarative

*This is where the proposal  
is aiming to introduce a  
very clear statement(s)  
with the aim to proclaim it  
and with clear confidence  
and assertion.*

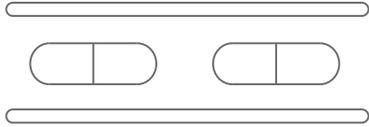


Standpoints

## Disruptive/

Re-framing

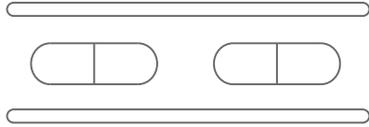
*Preclude, obstruct or impede the presence or momentum of an activity in order to reframe challenge or question existing meanings. This standpoint tends to challenging and opposing current visions.*



Standpoints

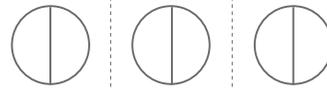
## Reformative

*Taking a position to reform, restructure or readapt current situations & visions in order to fit them in with particular views for the future.*



Standpoints

*Remove one card of your choice.*

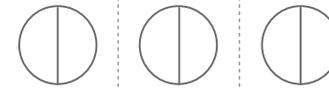


Side Effects

*Add one Pill.*

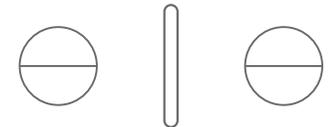
*Pills tab>Cluster>Pill>Reference*

*Copy Pill in your Log Book or notebook.*



Side Effects

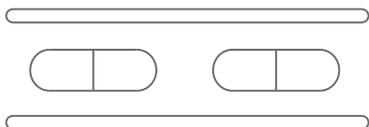
*Invent your own prompt. It can be an instruction, a reminder, a note to self, an order, an idea, a wish etc. Anything. Write it or sketch it.*



The Placebo

## Rejective

*Lean towards disproving a particular vision, idea or opinion. This would create proposals and visions that are focusing on accentuating the drawbacks of the ideas/concepts under investigation.*



Standpoints

*Ask for help...*

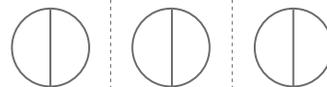


Side Effects

*Add one Pill.*

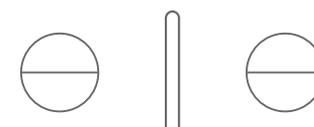
*Pills tab>Cluster>Pill>Reference*

*Copy Pill in your Log Book or notebook.*



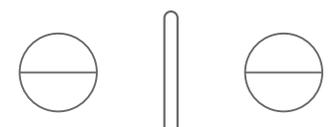
Side Effects

*Invent your own prompt. It can be an instruction, a reminder, a note to self, an order, an idea, a wish etc. Anything. Write it or sketch it.*



The Placebo

*Invent your own prompt. It can be an instruction, a reminder, a note to self, an order, an idea, a wish etc. Anything. Write it or sketch it.*



The Placebo