of the European Union



## 03 | PHILOSOPHICAL PILLS

## TIPS AND INSTRUCTIONS

## FUTURE PHILOSOPHICAL PILLS

The Future Philosophical Pills (FPP) are a curated set of philosophical insights, concepts, ideas selected from a global history of thought - with a focus on the continental philosophy canon. They offer packaged critical lenses that interrogate, challenge and unsettle established assumptions around futures. They mobilize design practice and projects (existing or in the making) by disrupting, amplifying, and critiquing ideas around futures. The aim of this stage is to rethink your previous mapping from the lens of a philosophical & critical perspective.

There are three ways described in the canvas to apply the FPP in your practice. FPP can be applied in research phases of the project but also in the reflection phase.

- **01** Read the selected FPP description clearly and analyze the elements connected, make sure that all the team members are on the same level of understanding.
- **Q** Rethink the outcome of the mapping exercises by applying the lenses of the FPP. Ask yourself what did it add? and what did it change?
- **03** Remap your gathered data/insights after discussing it with your team in the light of the FPP exercises conducted.
- **Q** 4 At the end of the exercises try to redefine the topic statement or focal issue. According to the changes that the FPP has made.

